



CRUNCHY WRAPS



DAIRY-FREE



GLUTEN-FREE



NUT-FREE



MingsBings are the perfect gluten-free handheld that's easy to prep & serve!

Our chef-created crunchy wraps are flavor-packed, appeal to health conscious eaters, dietary restricted audiences and curious foodies looking to try something new and exciting.



**TURBOCHEF
2 MINUTES**



**CONVECTION OVEN
12-15 MINUTES**



**HOT HOLDS
UP TO 2 HOURS**

FOR SAMPLE REQUESTS, REACH OUT TO ROB AT ROB@MINGSBINGS.COM



100% Vegan | NO Cholesterol



DAIRY-FREE



GLUTEN-FREE



NUT-FREE



SESAME-FREE



**PLANT-BASED
VEGGIE,
EGG & CHEESE**

DOT: 756761
36 BINGS PER CASE



**PLANT-BASED
SAUSAGE,
EGG & CHEESE**

DOT: 756759
36 BINGS PER CASE



**PLANT-BASED
EGG &
CHEESE**

DOT: 756768
36 BINGS PER CASE



**PLANT-BASED
CHEESE
BURGER**

DOT: 756756
36 BINGS PER CASE



**PLANT-BASED
FIESTA
TACO**

DOT: 756757
36 BINGS PER CASE



**PLANT-BASED
SAUSAGE
& PEPPERS**

DOT: 756758
36 BINGS PER CASE

WHAT'S A BING?

Bings are a popular Chinese street food with origins dating back to the Ming dynasty. MingsBings are crunchy gluten-free wraps with flavorful fillings by Chef Ming Tsai.

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