



MEAT-BASED

CRUNCHY WRAPS



GLUTEN-FREE



NUT-FREE



SESAME-FREE



MingsBings are the perfect gluten-free handheld that's easy to prep & serve!

Our chef-created crunchy wraps are flavor-packed, appeal to health conscious eaters, dietary restricted audiences and curious foodies looking to try something new and exciting.



**TURBOCHEF
2 MINUTES**



**CONVECTION OVEN
12-15 MINUTES**



**HOT HOLDS
UP TO 2 HOURS**

FOR SAMPLE REQUESTS, REACH OUT TO ROB AT ROB@MINGSBINGS.COM



Introducing our NEW Better-For-You Meat & Cheese Bings!

High protein Bings with up to 20% hidden veggies



CHEESE BURGER

DOT: 775469

36 BINGS PER CASE



BUFFALO CHICKEN

DOT: 775470

36 BINGS PER CASE



SUPREME PIZZA

DOT: 775471

36 BINGS PER CASE



**GLUTEN-
FREE**



**NUT-
FREE**



**SESAME-
FREE**



**SOY-
FREE**

WHAT'S A BING?

Bings are a popular Chinese street food with origins dating back to the Ming dynasty. MingsBings are crunchy gluten-free wraps with flavorful fillings by Chef Ming Tsai.

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